



BOYS SOCCER NEWS
2024/25



SCIENCE & SPORTS



ELA/HISTORY/MATH
OF SPORTS



STUDENT ARTICLES

MOSAIC SPORTS NEWS

Native American Heritage Month

Native American Heritage Month is a time when we celebrate Native American traditions, language, and stories, to ensure that their culture thrives throughout every generation. Native American culture does indeed have an influence on today's society. For example, the sport Lacrosse was created so that they could prepare for war. Today, Lacrosse is played to emphasize the importance of teamwork and it helps develop cognitive skills. Lacrosse is played in Canada, USA, UK, and as well as Australia. We celebrate this month to honor and acknowledge the achievements of America's indigenous people.

By: Student writer

The Impact of Segregation on Sports in America

Segregation in sports mirrors the broader racial divisions that have shaped American society. For much of the 20th century, racial barriers excluded Black athletes and other minorities from participating in many professional and collegiate sports leagues. These exclusions reinforced societal inequities, limiting access to opportunities and recognition based on race.

In baseball, the Major Leagues remained segregated until Jackie Robinson famously broke the color barrier in 1947, becoming the first African American to play in Major League Baseball (MLB) in the modern era. His bravery and talent paved the way for other athletes of color, but not without resistance. Robinson endured relentless racism from fans, opponents, and even teammates, highlighting the deep-rooted prejudice of the time.

Similarly, in college sports, segregation often meant Black athletes could only compete at Historically Black Colleges and Universities (HBCUs), which received fewer resources and less national attention. Despite these challenges, HBCU athletes like Wilma Rudolph and Jerry Rice emerged as world-class competitors, proving that talent transcends racial boundaries.

The civil rights movement of the 1960s brought increased attention to racial inequality in sports. Athletes such as Muhammad Ali and Tommie Smith used their platforms to advocate for social justice, cementing the connection between sports and activism. While desegregation allowed for greater inclusion, systemic racism persisted in the form of unequal pay, limited leadership roles, and continued discrimination.

Today, sports remain a powerful tool for bridging racial divides and fostering inclusivity. However, the legacy of segregation continues to remind us of the work still needed to ensure equity and opportunity for all athletes. By: Mrs. Wolberg

Ms. Gady's Interview

Question 1: Do you play any sports? "In high school, I played basketball, volleyball, and I also ran a lot to keep in shape."

Question 2: What high school did you attend? "I went to Unity High School in Tolono, Illinois."

Question 3: What athlete inspired you and why? "An athlete that inspired me the most is Caitlyn Clark because she popularized women's basketball, and she has a great future."

Question 4: What sport(s) are you or were interested in? "I wish I could've tried out soccer, but my high school didn't have a soccer team, so I mostly played basketball & volleyball."

Question 5: What is your favorite part of teaching? "My favorite part of teaching is getting to know students personally and seeing them growing academically and as a whole."

Question 6: If you could switch lives with an athlete, who would you choose & why? "I would switch lives with Lionel Messi because then all the kids would think I was really cool and listen to me! Also, he has had a great career and is considered one of the best soccer players of all time."

Question 7: Why do you like playing sports? "I like sports because it keeps me in shape, builds relationships, life-long friendships, and they are fun!"

SEL and Sports: What Makes a Student Athlete

A student athlete is someone who demonstrates hard work and dedication not only in sports but also in academics. Take LeBron James, for example; he is an incredible basketball player, but he is also known for being a remarkable person off the court.

An athlete embodies qualities such as empathy, care, and courage, both in their sport and in their studies. They conduct themselves with integrity and show compassion for others. A student athlete prioritizes their responsibilities, ensuring they complete their schoolwork while also excelling in their sport.

In essence, being a student athlete means balancing the demands of athletic competition with academic achievement, all while maintaining a strong sense of character and community. ——— Student writer

Physics & Sports

Physics can contribute a lot to sports through energy. Skateboarders use the power of energy to defy gravity. Archery can use energy when the arrow is being pulled back, the bow and string save energy. Pole vaulters and high jumpers arch their bodies above the bar to position it to create a center of mass beneath the bar to use less energy. Award-winning Olympic athletes are based on the use of energy.

By: Students Writer